

*November 2022*

## **DIBBLE NEWS**

- [Now Available! Love Notes 4.0 and Relationship Smarts PLUS 5.0](#)
- [Love Notes 4.0 and Relationship Smarts PLUS 5.0 Overviews](#)

## **THE LATEST**

- [How Accurately Can We Predict Repeat Teen Pregnancy Based On Social Ecological Factors?](#)
- [Parenting Practices in Teen Years Set the Stage for Closeness, Warmth Later On](#)
- [Median Age at First Divorce](#)

## **NEWS FOR YOU**

- [Responsible Fatherhood Programs: Children Benefit from a More Integrated Approach](#)
- [U.S. Surgeon General Releases Video on Bullying Prevention](#)
- [Cyberbullying 'Should be In School Curriculum'](#)

## **TOOLS YOU CAN USE**

- [A Research-Based Q&A Resource on Intimate Partner and Teen Dating Violence for Youth-Supporting Professionals](#)
- [Stress Busters Handout](#)
- [Teaching Teens to Say No...and Yes](#)

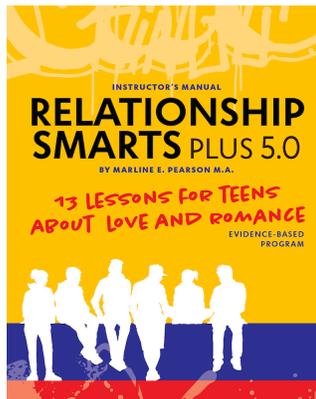
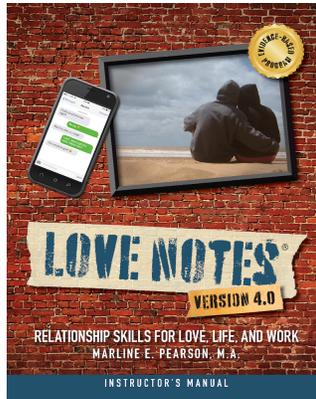
**WEBINAR** - November 9, 2022

**How Do Gender-Based Groups Impact Program Outcomes?**

## **FUNDING STREAMS**

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## **DIBBLE NEWS**



## Now Available! Love Notes 4.0 and Relationship Smarts PLUS 5.0

Featuring new and up-to-date content, [Love Notes 4.0](#) and [Relationship Smarts PLUS 5.0](#) continue to use a strengths-based approach to teach healthy relationship and life skills to young people.

New content includes:

- Navigating relationships in the digital age,
- Sex trafficking prevention, plus
- Streamlined activities that provide greater interaction.
- And more!

Ask us for a 30-day free review copy of [Love Notes](#) and/or [Relationship Smarts PLUS](#).

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## Love Notes 4.0 and Relationship Smarts PLUS 5.0 Overviews

For Dibble clients who have been trained in either program, we are offering half-day virtual overviews to become familiar and comfortable with all new and updated content.

### **Special Event: Love Notes 4.0 Overview**

*Monday, November 18, 2022*

*9:00 am – 1:00 pm Pacific*

Cost: \$59 per person

[Register Now...](#)

### **Special Event: Relationship Smarts PLUS 5.0 Overview**

*Wednesday, November 30, 2022*

*9:00 am – 1:00 pm Pacific*

Cost: \$59 per person

[Register Now...](#)

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## **THE LATEST**



**AMERICAN  
PSYCHOLOGICAL  
ASSOCIATION**

### **How Accurately Can We Predict Repeat Teen Pregnancy Based On Social Ecological Factors?**

This study examined theoretically selected predictors of repeat teen pregnancy among 945 pregnant and parenting teens (M age = 17), most of whom were Hispanic/Latina (86%). Significant predictors of repeat pregnancy were the teen mother having a parent with a serious drinking or drug problem when she was a child, being older, not living with a mother figure, not intending to abstain from sex or use a long-acting reversible contraceptive, and having lower resiliency skills.

[Read more...](#)

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**PennState**

## Parenting Practices in Teen Years Set the Stage for Closeness, Warmth Later On

[This study's findings](#) were published recently in *Developmental Psychology*. The research team surveyed 1,631 participants in a long-term research study of families in rural and semi-rural Pennsylvania and Iowa who completed surveys between sixth and 12th grades and again at age 22. The research showed that parenting can change a lot during the teenage years: parents often express less warmth and affection, spend less time with their teens, and become more harsh in their discipline. Parents that were able to maintain positive parenting and involvement laid the foundation for a close relationship when their teens became adults.

[Read more...](#)

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## Median Age at First Divorce

The median age at first divorce in the United States has increased steadily since 1970 with a persistent gender gap. In 1970, the median age at first divorce for men was 30.5 and 27.7 for women; by 2020, it reached 42.6 and 40.1, respectively. This represents historic highs for both men and women in their median ages at first divorce.

[Read more...](#)

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## NEWS FOR YOU



## Responsible Fatherhood Programs: Children Benefit from a More Integrated Approach

Rigorous research finds that RF programs that include both co-parents (regardless of family structure) and include expanded curricula targeting multiple aspects of parent's wellbeing, co-parenting, and employment challenges, show great promise. Although challenges and exceptions remain, **enhanced efforts to engage both co-parents in expanded RF programs could improve benefits for many families** that include increasing fathers' involvement, co-parents' effective parenting, children's development, and economic self-sufficiency.

[Read more...](#)

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## U.S. Surgeon General Releases Video on Bullying Prevention

The Office of the Surgeon General has released a new public service announcement video on the prevention of bullying, "Standing Together to Prevent Bullying." In the video, U.S. Surgeon General Dr. Vivek Murthy discusses the negative ways bullying can affect a young person's mental health, including loneliness, depression, anxiety, and suicidal thoughts.

[Watch Now...](#)

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**newstalk**

## Cyberbullying 'Should be In School Curriculum'

That's according to director of engagement in the DCU Anti-Bullying Centre, Darran

Heaney. He was speaking as new research from Barnardos found 60% of children would not tell their parents if they were cyberbullied. It also found that 62% have seen other people being cyberbullied, while 53% have been cyberbullied themselves - either once or many times. And almost 20% said they have been cyberbullied in a way that really affected their ability to learn and feel safe at school.

*(Ed. Note: Both [Love Notes](#) and [Relationship Smarts PLUS](#) address cyberbullying.)*

[Read more...](#)

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## TOOLS YOU CAN USE



### **A Research-Based Q&A Resource on Intimate Partner and Teen Dating Violence for Youth-Supporting Professionals**

Intimate partner violence (IPV) and teen dating violence (TDV) have been linked to negative sexual and reproductive health outcomes among young people who experience the child welfare and/or justice systems and/or homelessness, including a lower likelihood of frequent condom use, unplanned pregnancy, and engaging in sex under the influence of alcohol and drugs. This resource provides answers to common questions that youth-supporting professionals may have about IPV and TDV.

[Read more...](#)

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### **Stress Busters Handout**

We all have inner strengths and resilience that can help us deal with challenges and stress. To help us manage stress, [PACeS Connection](#) and [ACEs Aware](#) created a handout based on seven evidence-based **stress busters** that can help reduce stress, improve health, and build resilience.

*(Ed. Note: Teach and learn skills included in this handout using [Mind Matters!](#))*

[Read more...](#)

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## Teaching Teens to Say No...and Yes

Sometimes it's hard for teens (and adults!) to say "no" because it brings up what ifs: What if my friends reject me because I won't go along with a plan? You can help your teen get in front of their fears by teaching them to offer alternatives. Instead of saying, "no," have your teen say what they are going to do. It's not "no to ditching class," it's "yes to meeting up after school." When teens make a choice that is right for them and stick with it, they express their values. And that's a good thing.

[Read more...](#)

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## WEBINAR



*November 9, 2022*

## How Do Gender-Based Groups Impact Program Outcomes?

Have you ever wondered what difference having an all male or all female\* or co-ed group makes for youth outcomes? Well, so did John Lewis of Urban Strategies.

John leads the collaborative, FuturoNow, which is delivering Love Notes SRA to approximately 1,300 youth annually targeting nine, majority-Latino neighborhoods of Los Angeles County that have teen birth rates far above state and national average. As part of their grant, FuturoNow is conducting a descriptive study to compare differences

of their grant, FuturoNow is conducting a descriptive study to compare differences between implementing Love Notes with all male, all female, and co-ed groups.

In this webinar you will learn what they learned about outcomes, outreach, and other key takeaways through surveys, focus groups, and in-depth interviews.

*\*Self-identified*

**Objectives:** Participants will learn:

1. How male and female youth experienced *Love Notes* in gender-based cohorts including what they liked and disliked
2. Two strategies to increase recruitment and retention of male and female youth in by hosting these three different types of cohorts
3. Real-time strategies based on the experiences of five years of programming
4. Outcomes from analyzing the data of the gender-based groups

**Presenters:**

**John Lewis**, Urban Strategies LLC, Project Director

**Jonathan Nakamota, PhD.**, WestEd, Principal Investigator

**Who should attend:** Teen pregnancy prevention, SRA, and healthy relationship grantees and program managers, researchers, community action agencies, Extension specialists and agents, Dating violence prevention staff, juvenile justice officials, social workers, and anyone wanting to enhance outcomes for youth.

**When:** *Wednesday, November 9, 2022, 4:00pm Eastern/1:00pm Pacific*

**Duration:** 60 minutes

**Cost:** Free!

[Register Now >](#)

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**FUNDING STREAMS**

**FORECASTED**

## **Advancing Equity in Adolescent Health through Evidence-Based Teen Pregnancy Prevention**

**Estimated Post Date:** December 1, 2022

The Teen Pregnancy Prevention (TPP) Program is a national, evidence-based program that funds diverse organizations working to reach adolescents to improve sexual and reproductive health outcomes and promote positive youth development. The Office of Population Affairs (OPA) anticipates FY2023 funds being available to support cooperative agreements for organizations to advance health equity for adolescents, their family, and communities through the replication and scaling of medically accurate and age appropriate evidence-based teen pregnancy prevention programs that have been proven effective through rigorous evaluation to reduce teenage pregnancy, behavioral risk factors underlying teenage pregnancy, or other associated risk factors. Anticipated funds will be used to serve communities and populations with the greatest needs and facing significant disparities to advance equity in adolescent health through the replication of evidence-based teen pregnancy prevention programs and services.

[Learn more...](#)

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## **Teen Pregnancy Prevention Tier 2 Rigorous Evaluation Cooperative Agreements**

**Estimated Post Date:** December 15, 2022

The purpose of the TPP Tier 2 Rigorous Evaluation Cooperative Agreements is to fund rigorous impact and implementation evaluation of promising approaches for preventing teen pregnancy and related risk behaviors. Through the awards, OPA aims to address the changing needs of youth and communities by increasing the number of programs available that are proven to reduce teen pregnancy, sexually transmitted infections (STIs), and behavioral risk factors underlying teen pregnancy, and to disseminate those interventions that demonstrate effectiveness. OPA is especially interested in funding rigorous evaluations of promising interventions in populations and settings with great need and those that demonstrate significant health disparities, such as, but not limited to, interventions in juvenile justice or foster care/child welfare settings. with

expectant and parenting youth, youth with disabilities, with homeless youth, or for caregivers.

[Learn more...](#)

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## ANNOUNCED



### **Pennsylvania CAPTA American Rescue Plan Funds**

**Deadline:** November 11, 2022

The Pennsylvania Commission on Crime and Delinquency (PCCD) announces the availability of federal Child Abuse and Neglect Prevention and Treatment (CAPTA) American Rescue Plan Funds. The Pennsylvania Commission on Crime and Delinquency, in collaboration with the Pennsylvania Department of Human Services (PA DHS) is now accepting applications for funding under the Federal American Rescue Plan. This funding provides an opportunity to make investments that promote the safety and well-being of children and families with the primary purpose to improve the child protective services system within Pennsylvania.

[Learn more...](#)

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