

April 2023

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DIBBLE NEWS



Join Our Top Team!

The Dibble Institute is looking to hire two on-call training specialists with expertise in facilitating our programs.

[Learn more...](#)

THE LATEST



New CDC Report Highlights Youth Risk Behavior Challenges

The Centers for Disease Control and Prevention (CDC) released the “Youth Risk Behavior Survey Data Summary & Trends Report: 2011-2021.” This report focuses on behaviors and experiences among U.S. high school students related to their mental health and well-being, including substance use, experiences of violence, and sexual behavior. The data show that the same youth behaviors and experiences that were moving in the wrong direction before the pandemic, such as poor mental health, continued to worsen.

[Read more...](#)

Strong Adolescent-Parent Relationships Lead to Better Long-term Health Outcomes in Young Adults

Researchers from [Children's Hospital of Philadelphia \(CHOP\)](#) have found that adolescents who report strong relationships with their parents have better long-term health outcomes. Study findings, published today in *JAMA Network Open*, suggest that investments in improving parent–adolescent relationships could help improve general health, mental health and sexual health, while also reducing substance use in young adulthood.

[Read more...](#)

Bloomberg

Gen Z Couples Are “Shacking Up” at Record Rates

Gen Z is living together at record rates. According to [Bloomberg](#), more than 11% of Americans are now living with a romantic partner they are not legally married to, a jump of over 650,000 people. Survey data from [Realtor.com](#) found that for most young couples, inflation and other financial concerns pushed them to move in together, as they could not afford rent by themselves and no longer wanted to live with a roommate or family members. Interestingly, [42 percent](#) of people who moved in with a romantic partner said they ended up regretting the move.

[Read more...](#)

NEWS YOU CAN USE

How to Address Teen Dating Violence and Relationship Abuse

It's time to leverage awareness-building about the problem of teen [dating](#) violence to inspire action that we can take year-round to prevent and respond to adolescent relationship abuse. This article lists three steps you can take in that response.

[Read more...](#)



Strategies to Support Co-facilitation in Classroom Sessions

Many READY4Life grantees funded by the Office of Family Assistance (OFA) to provide Healthy Marriage and Relationship Education (HMRE) to youth do so in high schools. Facilitating HMRE programming in schools presents unique challenges. HMRE facilitators often have limited influence over classroom norms, behavior rules, and the length of class periods. This brief provides tips and tools for supporting strong co-facilitation to deliver engaging HMRE sessions in school-based settings.

[Read more...](#)



TikTok's Sex Tips Aren't an Education, Experts Warn

'HealthTok' is one of the fastest growing tags on the social media platform, accumulating 50 billion views on the #health hashtag and over 1.5 billion views on the

topic of sexual health alone. And according to research published by [Superdrug Online Doctor](#) after surveying 2,000 case studies across the UK, 43% of Brits agreed they are getting more of their sexual health information from TikTok than from their primary and secondary classroom. But that does not mean that all of the information is accurate, because 59% of people also said they have seen untrue or misleading health information on TikTok.

[Read more...](#)

TOOLS YOU CAN USE



Youth Mental Health Needs & Supports

Youth's mental health can directly affect their ability to learn and succeed in school and beyond, yet most with mental health concerns do not receive necessary care. The COVID-19 pandemic exacerbated the crisis, with the U.S. Surgeon General issuing a General Advisory emphasizing the urgency of addressing this need. This brief describes data from the California Healthy Kids Survey Core & Mental Health Supports modules on the mental health needs of secondary students during the 2021-22 school year.

[Read more...](#)

The logo for EducationWeek, featuring the text "EducationWeek" in white and "To inspire and empower." in light blue, set against a dark blue rectangular background.

EducationWeek
To inspire and empower.

Teachers, Try This: Strengthen Students' Emotional Intelligence in 1 Minute a Day

Mari Monroe is a high school teacher in San Diego, and also a yoga instructor. When she started to incorporate elements around mindfulness from her yoga practice into the classroom, she realized her students were eager for that type of instruction. Here, she explains how she teaches and incorporates mindfulness through daily lessons she's dubbed the 'Mindful Minute,' and offers advice for teachers looking to do the same,

regardless of their familiarity with the topic.

[Read more...](#)



Tool To Help Remove Explicit Online Images of Youth

OJJDP's National Center for Missing & Exploited Children (NCMEC) has launched a free online tool to support victims of online child sexual exploitation called Take It Down. This platform helps users remove online sexually explicit photos and videos taken of them while under 18 years old. The initiative includes a public service announcement, produced by NCMEC, that will appear on television and online platforms that youth frequently visit. Users may remain anonymous while using the service.

[Read more...](#)

WEBINAR



April 12, 2023

**The Power of the Success Sequence
for Young Adults**

From underperforming schools to unsafe neighborhoods, from institutional racism to other structural barriers, hindrances often stand in the way of financial success for young adults from disadvantaged backgrounds. Given these challenges, many young adults lose hope, thinking they have no way of changing their life trajectories.

However, there is a path that frequently leads to the “American Dream” and away from poverty. This path is called the “Success Sequence.” The sequence entails three steps: (1) getting at least a high-school degree, (2) working full-time, and (3) marrying before having children. Young adults who manage to follow the sequence – even in the face of challenges – are much more likely to forge a path to a better economic life.

Join Brad Wilcox and Wendy Wang as they discuss how poverty is basically nonexistent among young adults who followed all three steps according to their new analysis of data from the National Longitudinal Survey of Youth.

Objectives: Participants will be able to:

1. Recognize how education, work, and marriage put young adults on a path to success.
2. Understand the link between marrying before having children and economic success in life.
3. Describe how the Success Sequence works despite structural barriers.

Presenter: Brad Wilcox, Ph.D., University of Virginia, and Wendy R. Wang, Ph.D., Institute for Family Studies

Who should attend: Federal and state policy makers, researchers, healthy relationship and teen pregnancy prevention grantees, community-based organizations, mentoring programs, youth agency program managers, healthy relationship facilitators, and anyone working with youth.

When: *Wednesday, April 12, 2023, 4:00pm Eastern/1:00pm Pacific*

Duration: 60 minutes

Cost: Free!

[Register Now >](#)

FUNDING STREAMS

Shared Learning Collaborative

Deadline: April 28, 2023

Power to Decide is convening a Shared Learning Collaborative of up to 10 place-based teams across the US that have cross-sectoral and youth representation. In teams of 4 and with support from our team at Power to Decide, place-based groups will build their capacity to implement and lead evidence-informed interventions that support reproductive well-being in their 'place'. Over the three-year funding period, successful teams will be awarded up to \$20,000, and active youth ambassadors will receive a \$3,000 stipend. We highly encourage applicants from organizations that work with underserved populations and those that are in states hostile towards reproductive well-being.

[Learn more...](#)



California Children and Youth Behavioral Initiative

Deadline: April 10, 2023

The California Department of Health Care Services (DHCS) announced a [Request for Application \(RFA\)](#) for the Children and Youth Behavioral Health Initiative. DHCS will award grants, totaling \$100M, to scale trauma-informed programs and practices throughout California to support wellness and build resilience of children, youth, and those individuals who are close to them. Interested parties are encouraged to apply for training and/or implementation funding using [this application form](#).

DHCS is seeking proposals from individuals, organizations, and agencies for grant funding totaling \$100 million to scale evidence-based practices whose focuses include: increasing early intervention, supporting resilience of youth by mitigating the adverse effects of ACEs, cultivating safe and stable learning environments, improving

the availability of services for pregnant and parenting people, reducing health disparities by improving access to services that are culturally responsive.

[Learn more...](#)

(Ed. Note: To help you prepare a strong application, we have created [a toolkit](#) in response to this RFA. [Mind Matters: Overcoming Adversity and Building Resilience](#) addresses these key areas, has significant [evidence as to its efficacy](#), and can be readily scaled to both youth and the adults who care about them in a wide variety of settings.)



Advancing Equity in Adolescent Health through Evidence-Based Teen Pregnancy Prevention

Deadline: April 18, 2023

The Teen Pregnancy Prevention (TPP) Program is a national, evidence-based program that funds diverse organizations working to reach adolescents to improve sexual and reproductive health outcomes and promote positive youth development. The Office of Population Affairs (OPA) anticipates FY2023 funds being available to support cooperative agreements for organizations to advance health equity for adolescents, their family, and communities through the replication and scaling of medically accurate and age appropriate evidence-based teen pregnancy prevention programs that have been proven effective through rigorous evaluation to reduce teenage pregnancy, behavioral risk factors underlying teenage pregnancy, or other associated risk factors. Anticipated funds will be used to serve communities and populations with the greatest needs and facing significant disparities to advance equity in adolescent health through the replication of evidence-based teen pregnancy prevention programs and services.

[Learn more...](#)

Rural Domestic Violence, Dating Violence, Sexual Assault, and Stalking Program

Due Date: April 18, 2023

This program is authorized by 34 U.S.C. § 12341. The Rural Domestic Violence, Dating Violence, Sexual Assault, and Stalking Program (Rural Program) (CFDA# 16.589) supports efforts to enhance the safety of rural victims of domestic violence, dating violence, sexual assault, and stalking and supports projects uniquely designed to address and prevent these crimes in rural areas. For many applicants, the Rural Program is one of the few sources of funding to support the provision of core services for victims of sexual assault, domestic violence, dating violence, and stalking. For this reason, OVW will only fund applications that propose projects that implement a collaborative response, support victim services, and/or create a direct response to these crimes in rural communities.

[Learn more...](#)

(Ed. Note: This grant supports efforts to enhance the safety of rural victims of sexual violence. Collaborative responses are encouraged. A grantee may spend up to 30% of the award on prevention activities like [Love Notes](#) or [Relationship Smarts PLUS](#). Additionally, grantees may provide long and short-term evidence-based holistic healing services to victims, such as those found in [Mind Matters](#).)



Reducing Risk for Girls in the Juvenile Justice System

Due Date: April 24, 2023

With this solicitation, OJJDP will provide funding to communities to support girls age 17 and younger who are at risk of involvement and/or are involved in the juvenile justice system. Funding will support communities to develop, enhance, or expand early

intervention programs and/or treatment services for girls involved in the juvenile justice system. The goal of this program is to reduce risk factors and promote protective factors for girls who come in contact with the juvenile justice system, and place them on a path toward success, stability, and long-term contribution to society.

[Learn more...](#)

SAMHSA

Project AWARE (Advancing Wellness and Resiliency in Education) Program

Due Date: April 28, 2023

The purpose of this program is to develop a sustainable infrastructure for school-based mental health programs and services. Recipients are expected to build collaborative partnerships with the State Education Agency, Local Education Agency, Tribal Education Agency, the State Mental Health Agency, community-based providers of behavioral health care services, school personnel, community organizations, families, and school-aged youth. Award recipients will leverage their partnerships to implement mental health-related promotion, awareness, prevention, intervention, and resilience activities to ensure that school-aged youth have access and are connected to appropriate and effective behavioral health services. With this program, SAMHSA aims to promote the healthy social and emotional development of school-aged youth and prevent youth violence in school settings.

[Learn more...](#)



Supporting Vulnerable and At-Risk Youth Transitioning Out of Foster Care

Due Date: May 3, 2023

With this solicitation, OJJDP seeks to support the establishment of a pilot demonstration program to develop, implement, and build replicable treatment models for residential-based innovative care, treatment, and services. The primary population

served by such pilot programs will include adolescents and youth transitioning out of foster care who have experienced a history of foster care involvement, child poverty, child abuse or neglect, human trafficking, juvenile justice system involvement, substance use or misuse, or gang involvement. Eligible applicants can provide services to vulnerable and at-risk youth up to and including age 25.

[Learn more...](#)



School Violence Prevention Program (SVPP)

Deadline: May 17, 2023

The Students, Teachers, and Officers Preventing School Violence Act of 2018 (STOP School Violence Act of 2018) gave the COPS Office authority to provide awards directly to States, units of local government, or Indian tribes to improve security at schools and on school grounds in the jurisdiction of the grantee through evidence-based school safety programs and technology.

Up to **\$73 million** in funding is available for FY23 SVPP. Each award is three years (36 months) in duration for a maximum federal share of \$500,000 per award. There is a local cash match (cost share) requirement of at least 25 percent.

SVPP funding will provide up to 75% funding for the following school safety measures in and around K-12 (*primary and secondary*) schools and school grounds:

- “Coordination with law enforcement”
- “Training for local law enforcement officers to prevent student violence against others and self”
- “Metal detectors, locks, lighting, and other deterrent measures”
- “Technology for expedited notification of local law enforcement during an emergency”
- “Any other measure that the COPS Office determines may provide a significant improvement in security”

The following school safety measures are available through the Bureau of Justice Assistance’s (BJA’s) section of the STOP School Violence Act of 2018:

- Development and operation of anonymous reporting systems
 - Hotlines

- Internet websites
- Mobile telephone applications
- Development and operation of a school threat assessment
- Specialized training for school officials in responding to mental health crises
- Training for school personnel and students to prevent student violence against others and self
- Any other measure the BJA determines may provide a significant improvement in security

[Learn more...](#)



Office of Justice Programs Community Based Violence Intervention and Prevention Initiative (CVIPI)

Deadline: May 25, 2023

The Bureau of Justice Assistance, in coordination with OVC and the Office of Juvenile Justice and Delinquency Prevention (OJJDP), seeks to enhance efforts to prevent and reduce violent crime in communities by supporting comprehensive, evidence-based violence intervention and prevention programs. These programs include efforts to address gang and gun violence, based on partnerships among community residents, local government agencies, victim service providers, community-based organizations, law enforcement, hospitals, researchers, and other community stakeholders. BJA is administering CVIPI, working in partnership with OVC and OJJDP. This collaborative approach will help ensure jurisdictions have access to expertise to address community violence that involves youth, young adults, and adults, both as the individuals responsible for perpetrating this violence and those who are victims of it.

[Learn more...](#)

FORECASTED